

MORE TO LIFE THROUGH GOD

An Encouraging God,

By April Coonfare



“May the God who gives endurance and encouragement give you a spirit of unity among yourselves as you follow Christ Jesus.”

Romans 15:5

We all experience times when life pulls us down. For no apparent reason you cannot handle the demands of life anymore. You feel overwhelmed, and stress, anxiety and depression sets in. Everything you try seems to fail; or your list of things gets longer and longer; you become discouraged and feel that you are no longer able to cope with life. It seems as the storm of life is hanging over your head. When you've come to the end of your own abilities, it is good to become silent before God and receive the encouragement and love that only He can give. Submit yourself to Him and receive His hope. Otherwise the old familiar despair will take hold of you again.

In the silent awareness of God's divine presence, recall His glorious promises. That will revive hope in your soul. Reassure yourself that both in the storm and the quiet, God, is with you. Remember that He promised to make all things new. He will give you the strength to handle the situations at hand.

God does not want you to remain permanently in the dark valley of despair. He will give you the encouragement and strength that will make your life meaningful and beautiful again.



February 2014

**PENTECOSTALS
OF BILLINGS**

SERVICE TIMES

SUNDAY

10 AM

5:30 PM

**MONDAY
PRAYER- 7 PM**

WEDNESDAY
7 PM

**February 23rd
AM
Service**

2335 Lewis Ave

406-652-2443

www.pobmt.org



If, by Joyce Tracy



If I can encourage
Someone along the way
By some small kindness
Maybe a hug or a smile
Or send a card thru the mail.

If I can be a blessing
Or cause someone to
Have a brighter day
Bring out a smile that's
Hidden beneath the sadness

If I can lighten a heavy heart
Of someone depressed or in sorrow
Or if I can show someone
There's joy in living
A life for the Lord.

If I have a good attitude
With the love of God's Spirit
Prevalent in my life
Others will see and just know
What kind of life I live for God.

However my day may have been
It was made better because I've
Given away a piece of myself
For the souls of men
Is what matters in the end.

And this is what life is all about.

“

We must alter our lives in order to alter our hearts, for it is impossible to live one way and pray another”. -William Law

CHURCH PRAYER REQUESTS

Will Welch
Minnie Hampton
Tyler Sapp
Louie & Dale Dauenhauer
Michael Kruger
The Ehler family
Marty McFate
Carol Penrod
Galen Walter
The Woeppel family
The Plainfeather/Black Eagle family
The Lost Souls in Billings
The Sermon family
Our Nation



If you have a prayer request that you want posted for others to pray for please submit them to my email: coonfare03@yahoo.com



Please come and join us March 8th at 9 AM to help clean the house of the Lord. Breakfast will be provided



If you have a testimony that you would like to share, please submit it to April Coonfare by February 25th.



Did you know you can listen to the services online now?
Check it out here:
<http://www.pobmt.org/Sermons.aspx>



February 2014

S M T W T F S

1

2 3 4 5 6 7 8

Men's
Bible
Study
6 AM

9 10 11 12 13 14 15

Men's
Bible
Study
6 AM

Music
Practice
6 pm

16 17 18 19 20 21 22

Men's
Bible
Study
6 AM

Quiz
Tournament
Music
Practice
6 pm

23 24 25 26 27 28

District Men's Meeting

AM
SERVICE

RECIPE OF THE MONTH

Fiesta Crockpot Chicken



Ingredients:

- 4-6 whole skinless chicken breasts (4 pieces)
- 1 jar of salsa
- ½ cup of water
- 1 15 oz can of black beans
- 1 15 oz can of cut corn (can use frozen instead)

Preparation:

Place chicken in a crock pot, top with the salsa and water. Cook on high for 2 1/2 hours.

Add beans and corn and cook 15 to 20 minutes longer.

Can be served with long grain rice.

Nutrition: (per serving)

Corn-frozen (½ cup): 100 calories, 0g fat, 0g sodium, 21g carbohydrates, 3g protein

Black Beans (½ cup): 100 calories, 0g fat, 440g sodium, 19g carbohydrates, 7g protein

Chicken (4oz.): 120 calories, 1.5g fat, 75g sodium, 0g carbohydrates, 26g protein

Salsa (1/2cup): 40 calories, 0g fat, 56g sodium, 8g carbohydrates, 0g protein



Up Coming Events:

Feb. 22nd ~ Quizzing Tournament

Feb 27-28th~ District Men's Meeting Alpine, WY

March 8th ~ Work Day at Church 9 am

March 14th-16th~ Power Worship Conference

March 22nd~ Quiz Tournament

April 16th-18th~ Impartation Greatfalls, MT

**Mark
Your Calendar!**

Say No to Anxiety, by Vicki Leonard-



anx·ious aNG(k)SHəs/ *adjective*

1.

experiencing worry, unease, or nervousness, typically about an imminent event or something with an uncertain outcome.

"she was extremely anxious about her exams"

synonyms: worried, concerned, uneasy, apprehensive, fearful, perturbed, troubled, bothered, disturbed, distressed, disquieted, fretful, agitated, nervous, edgy, antsy, unquiet, on edge, tense, overwrought, worked up, keyed up, jumpy, worried sick, with one's stomach in knots, with one's heart in one's mouth;

Is your whole life ruled by anxiety? Are your steps ruled by your anxious thoughts? Is every decision you make based on fear?

Six years ago, my life was ruled by fear. I had struggled with depression on and off for most of my life, but in 2008, my fears escalated to the point that I literally felt like a giant boulder was on my chest at all times. And I mean ALL the time. Whether I was sleeping, awake, praying, reading my Bible, working, going for a walk, at the health club, at the grocery store, watching a movie, eating, in church, and everything and everywhere else in between. This boulder would not leave. I tried everything. I even went to a psychiatrist. I started taking anxiety meds. They didnt help at all. The boulder was still there plus I was addicted to pills.

One day I gave up. I stopped wondering what was wrong with me and told God, "Okay. I give up. I accept this whatever it is. I am going to worship You for the rest of my life even if I take this boulder to the grave with me." And I did just that. Did I feel any better? Only when I was in God's presence. But every time I got up from prayer, the boulder hit my chest again. And stayed.

One Saturday morning, the boulder was so heavy. I was having trouble breathing. I called my friend Peggy Moran who had experienced anxiety attacks. She suggested I rebuke the devil. And I stood in the kitchen and did just that. And I reminded him of his future.

Revelation 20:10

Amplified Bible (AMP)

10 Then the devil who had led them astray [deceiving and seducing them] was hurled into the fiery lake of burning brimstone, where the beast and false prophet were; and they will be tormented day and night forever and ever (through the ages of the ages). And then I reminded him of MY future.

Revelation 22:5

King James Version (KJV)

5 And there shall be no night there; and they need no candle, neither light of the sun; for the Lord God giveth them light: and they shall reign for ever and ever.

And then I worshiped and danced and shouted praises to God! And the boulder left! Did it come back? Many times. Every time it came, I just rebuked satan, reminded him of his future again, and started worshiping my Deliverer. That was April 12, 2008. And I have not been the same since. I am totally and completely healed.

"Dear Jesus, I've given this amazing testimony of Your healing power many times. But I know someone is reading this right now who is at a very low point in her life. She has even had thoughts of suicide. She has lost ALL hope of things turning around for her. She is filled with anxious thoughts constantly. She wakes up in the middle of the night with a grip of fear on her chest. Only You can heal and deliver. I'm asking You to empower her by Your Holy Spirit. She is rebuking satan and worshiping her way out of the pit she's in. In Jesus' name I pray. By Your blood and by Your name, she is taking charge of every anxious thought satan is planting in her mind. By Your power, she is handing every negative thought over to You. She is submitting herself to You and the devil is running away!

James 4:7

King James Version (KJV)

7 Submit yourselves therefore to God. Resist the devil, and he will flee from you. Thank You Almighty God! You do all things perfectly! AMEN."

God Demonstrates His Love, By Katherine Kehler



I am continually amazed and grateful for the many ways God demonstrates His love to us. During my devotional time, I began to make a list of them and want to share them with you. I pray that you'll be blessed as you are reminded of His great love.

He does not change.

"I the Lord do not change" Malachi 3:6.

His love is always sure. Seasons change, people change, the world is changing, but God never changes. We can rely on Him

He is faithful. God is not moody or fickle. We are. People will love you for a while and then they don't. But God is not like that. He sticks with you.

Whenever He asks us to obey Him, He also provides everything we need. *1Thess. 5:24*

"You can trust the One who calls you to do that for you."

He is our protector. He is our shield. Our "always there" protector.

*"So our hope is in the Lord. He is our help, our **shield** to protect us."* Psalm 33:20

It is so comforting to know that everything that comes our way has to go through "the shield about us" before it touches us.

He is always thinking about us.

"How precious it is, Lord, to realize that you are thinking about me constantly! I can't even count how many thoughts turn towards me." Psalm 139: 17.

This is one of the neatest things. When you think about it--there are over 6 billion people in the world and He still thinks of you and me constantly. He is able to give us His undivided attention.

He is always with you. For He Himself has said,

"I will never leave you nor forsake you." Hebrews 13:5.

He is never too busy for us. He never goes away, or takes breaks or a vacation.

When we are in trouble and think we are going under, we can be encouraged because,

"Underneath are His ever lasting arms." Deut. 33:27

Lord, we are so grateful for the many ways you show your love to us. Thank you, thank you, for loving and caring for us so much. Help us to love You more. Amen

Youth Dates February

February 21st~ to be announced



Check out **SOLD OUT** Youth
Group
Pentecostals of Billings on
Facebook!



FEBRUARY BIRTHDAYS

- 6th- Sarah Sifuentes
- 7th- Kayla Coonfare/Mikah Ruff
- 9th- April Coonfare
- 10th- Joann Walsh
- 16th- Matthew Rennich
- 16th- Hannah Harmon
- 20th-Randy Timme

Silence is Trust at Work

The purest faith has to be tested by silence in which we listen for the unexpected, in which we are open to what we do not yet know, and in which we slowly and gradually prepare for the day when we will reach out to a new level of being with God.

—Thomas Merton

Ponder This...

“Let us have faith that right makes might, and in that faith let us to the end dare to do our duty as we understand it.”

—Abraham Lincoln

“If I am not in God’s grace, may God put me there; and if I am, may God so keep me.”

—Joan of Arc

“Love is that condition in which the happiness of another person is essential to your own.”

—Robert Heinlei

If you would like a Bible study simply give us a call. In your bible we will show you where the Lord commands us, that we are to be born again.



14th-Fred and Maddie Harmon

"God may be waiting to answer your prayer because He is planning something bigger and better for you."

~Rev T.W. Barnes